

Vision & Goals

Vision is a picture of your life 10 years in the future

Goals are the steps that get you to that vision

Start with your vision, if time, money, and knowledge were not a factor where would you see your life 10 years from now.

What age are you?

Who are you with?

What are you passionate about?

What matters most to you?

How does it feel to live a life you truly love?

Write, draw, vision board it out

Goals: Specific, Achievable, Measurable, Realistic, Timely

